

|| Shree Harih ||

# **Five Golden Principles (Panchaamrt)**



O' Lord, You are my Mother, You are my Father, You are my Brother; You are my Friend;

You are my wealth of knowledge, my Strength, my Valor and Power;

You are My Everything, My All God of Gods

Tvameva Maata Cha Pita Tvameva; Tvameva Bandhusha Sakhaa Tvameva

Tvameva Vidyaa Dravinam Tvameva; Tvameva Sarvam Mama Deva Deva

**Swami Ramsukhdas**

## Five Golden Principles

### (Panchaamrt)

Wherever you live, there you are living in your home. The significance is not in living in your home, but if you live in God's kingdom then there is much significance and greatness. This home (kingdom) you have called your own. But this home was from the very beginning belonging to God only. Even right now it is God's and later on also it will remain God's. If you die, then surely this house will not go with you. It belongs to God only. Therefore from today onwards, accept that I live in God's home. Really speaking you are living in God's home. When you come to Haridwar the you say - Oh ! this is gateway to God's home. When you come to Vrindavan you say that this is the place where God engaged in His divine loving pastimes. When you go to Ayodhya then you say we have come to God's palace. Accept it as God's kingdom or God's home, then this very house that you live in will become Vrindavan. **At all times let that thought prevail, that I am living in God's home,** and we are his very dear ones that belong to him. From today onwards accept this. All of you, do not consider your home as belonging to you. Oh! It is God's home! We have considered it our home in the middle somewhere. Before it was God's, and later on it will be God's then in the middle how can it become ours? Simply for no reason you have put a stamp on it.

There is a point that you must pay close attention to - whatever work you do, accept it as God's work and then do it. Whether it is washing your clothes, taking a bath. This body is also God's, therefore to serve God you are doing it's work. Eating and drinking is also God's work. Office work and business is also God's work. **The Master of this entire world is God, therefore the master of all the bodies is also God. Therefore work related to this body and to this world can be whose work? It is God's work only!** What a wonderful thing this is! We live in God's kingdom and we are doing His work - these are two points.

**Now the third point is - All the things that are in the house, they too belong to God only.** If the house belongs to God and you belong to God then can the things belong to someone else? Mothers and sisters should want that they should take those things that belong to God and cook with them. In the mind must be the thought that Oh! it is for offering food to God that I am cooking this meal. Now offer the foods prepared to God and thereafter however many people

that are in the house, understand them to be God's people and offer them food. Understand them to be God's loving people, they are God's very loving and sweet children. I am feeding them. I am serving God. Just like if you love someone's child, then his mother will be very pleased, won't she? similarly, if you serve God's children, then God will be pleased. **What a wonderful point this is! Cooked God's food, offered it to God and fed God's children with the prepared foods. When you eat yourself, then too think of it as God's "prasad" (partaking in the food offered and blessed by God). How very wonderful!**

**"Tumhi nibedit bhojan karahin |**

**Prabhu prasad pat bhooshan gharhin || (Manas 2/128/1)**

As discussed earlier, make everything an offering to the Lord; not just food. If you wear jewellery, offer it to God "Thakurji". Wear only those clothes that belong to Thakurji. Let all things be taken in as if it is "prasad" (offering to the Lord), then all things will get purified. Have you seen this or not, that when food is offered to Thakurji's as "prasad" and is later distributed to all, then every person will bring forth their hand to receive the "prasad". Even if the smallest portion is given, then too he will be happy. Whether he is a millionaire or a billionaire, he too will bring his hand forward, and if you give him a small piece of the "prasad", he will be happy. Is this person hungry for sweets?

If some millionaire or a billionaire asks for "prasad" and if you tell him let us go to the market and I will buy it for you from the market, then he will not be happy. He will say, am I starved of sweets or what? I want "prasad". Now tell me the importance of "prasad"? It is Thakurji's (God's) "prasad" (offering to the Lord). Everything in the house belongs to the Lord.

If you follow this, then I would like to share with you a very great point. Have mercy and simply do it, then it is very great thing and very beneficial. Place "tulsidal" (the sacred basil leaf) on all the money - wealth that you have at home. On all the jewellery, clothes on everything place "tulsidal." Even for the house, offer it. On all animals, place tulsidal. On all children, place "tulsidal" Now whose children are they? They are Thakurji's (God's) children.

It is like magic. If you are able to do, then I will share, but do it from the heart, then it will be magical. Son is rebellious and does not listen. With a true heart, lift off the proprietary interest (sense of mine-ness) you have in him and say that he

is not mine at all. He is only Thakurji's (God's). The son will become totally alright. Just as when food is offered to God it becomes sanctified and many great people revere it. Similarly, with a true heart, completely wipe off your proprietary interest and only consider him as belonging to Thakurji (God) then he will be purified. He will become sacred. Try it and see for yourself. The challenge is to completely lift off your proprietary interest. Just like another person's child, similar is this child. If he dies then too no affect on you. He is not our child, if he dies then it is Thakurji's, whereas Thakurji's never dies. If he dies here, then there he is born. He is never apart from Thakurji. By doing so, the son will be purified. It is the truth. Sense of mine-ness (mamta) itself is impurity.

Sense of “mine-ness” (proprietary interest) is impurity. It is due to mine that there is impurity. If you give donation - charity, then have no relation with it. **“Daatavyamiti yadaanam deeyatenupakaarine” (Gita 17/20) “Anupakaareene”** does not mean that the other person does not do anything helpful. IT is an understanding that previously the person did nothing beneficial, and there is no expectation that he will oblige in the future. Give donation to such a one, with whom you have no self-interest. Give to such people. Do not keep a selfish relation with family members. Both will lead to the same, as in the end only one will remain. Serve where there is no sense of mine or where you serve there get rid of the feeling of mine. It will be the same thing.

**We are God's. We live in His kingdom. We do His work. We receive his Prasad. And with his offering, we serve his children. I too am receiving his “Prasad”. This is true “Pamchaamrt” (Five Golden Principles).** From today onwards, grab hold of these points. **“Sarvabhaaven maam bhajati”** and in all sentiments and feelings worship only the Lord, therefore have the sentiments that this body belongs to “Thakurji” (My Lord). I am doing my Lord's work. Then you will be able to do a favor for the Lord that Maharaj! (Great One) I am doing your work.

A Brahmin used to keep saying - daily I feed one Brahmin. He used to eat himself and have the sentiments that daily he is feeding a Brahmin. It is such a great thing! Similarly, the entire family and various families all belong to Thakurji (God). I am taking care of Thakurji's family. Even Thakurji says that he is taking care of the family Brother! God will be touched that yes! It is true! He is taking care of my family. When there is no sense of mine-ness, when there is no attachment, then God says that He is taking care of my family.

In all sentiments, let God's work alone be done. This will turn into pure devotion "avyabhichari bhakti" We want to take nothing, we have no sense of mine-ness. There is neither selfishness nor proprietary interest. Whether home members listen to you or not, whether they serve you or not, we have to serve Thakurji's family. We have to serve him, Brother! If family members do not work, then we should be happy, it is a good thing! If they work and do everything according to our preference, then understand that our good deeds are getting exhausted. Therefore if they do nothing and further give us trouble and sorrow, then it is a good thing. Even if mother-in-law causes suffering, if daughter-in-law gives sorrow, if sister-in-law or any one give pain and sorrow then be happy, thinking we are greatly benefited. We have to serve, and if they give pain then we will be doubly benefited. On one hand there will be benefit of serving "seva" and if they give pain and sorrow then your sins will be reduced. When will suffering remain, tell me? Even on getting suffering, there will be joy. There will be no place remaining for sorrow and suffering. All roadways will be blocked, then that itself is "sarvavit". Have you understood this well? If you are becoming happy and unhappy with this world, then you have not understood this well.

We are living in ever bliss. We have not the least bit of unhappiness. God supports, protects and takes care of everyone. He takes care of all, then such a devotee of God does not experience any sorrow at all. **They remain ever blissful, they remain so joyful that with their association you feel delighted and intoxicated.** By remembering Thakurji (God), bondages break off. Simply by reciting the divine Name, by remembering the Lord, by listening to His divine plays (stories) sins are destroyed, He is that pure.

### **"Pavitraanaam pavitram yo mangalaanaam cha mangalam |**

In essence what is the point? It is a small thing. "I am only God's" not anyone elses. For serving I belong to the world, but for our own purpose, I am no one elses. I only belong to God, simply accept yourself as being God's, then this house belongs to God, this kingdom belongs to God, this family belongs to God, the wealth and possessions belong to God, the work is God's, the food is God's everything will become God's. This is the absolutely Truth.

I am sharing based on my very experience. The child that the mother has accepted as her own, when he climbs into the mother's lap then the mother is pleased and joyful. If he climbs from the back onto her shoulder, then too she

laughs and if he intentionally pretends to cry 'Um-Um-Um' the Maa smiles that look he is pretending with me. What is that action performed by a child that the mother does not like? The child is mine. Similarly being God's if we do all work, then all our actions will become worship and adoration of God. What to speak of worship and adoration, it makes God pleased, happy. Whatever work you do, God continues to remain happy. He is my child. My child is playing. What delight!

The point is only one, to become God's. This is the truth. If I ask you that have you taken birth in this household knowingly? If you are living, then are you intentionally living? If knowingly you are living, then who would be dead? No one would die. If you are living in a healthy body, is it knowingly so? If you were knowingly living like this, then do not ever fall sick. Whatever strength and intelligence you have, has it been knowingly acquired? Then why get old? Don't become dependent. But you are becoming dependent. Therefore this pride is your own, nothing else. You are simply filled with pride. Therefore **I am Thakurji's (God's)**. I am dependent on God. Whatever strength Thakurji (God) gives, that alone I do.

How much work did Hanumanji do? When Ramji went to Lanka, he created a bridge and then crossed the bridge. But Hanumanji simply flew over to the other side. Whose strength does he have? The strength that Hanumanji has comes from Thakurji (the Lord). **"Baar baar raghubeer sambhaari." "prabisi nagar keeje sab kaaja. Hrdey raakhee kosalpur raja."** It comes in Valmiki Ramayan that Hanumanji roared that even if thousand Ravans come they cannot spoil anything of mine, I am servant of the Lord (Thakurji).

The world is suffering due to pride. Therefore have mercy and leave the pride, offer it to God, that I am God's. All our strength has to be applied in doing God's work. **"Tvadeeya vastu Govind tubhyameva samarpaye", "Sarvabhaaven bhajati maam"** - with all sentiments they worship and adore God. Divine Name recitation is adoration, chanting holy name is adoration, reciting various scriptures is worship and adoration, to listen, to share, is all worship. By "Sarvabhaavena bhajati", getting up, sitting, eating, drinking, sleeping, waking up, all work is God's work that we are doing. What an elevated thing this is. We have taken refuge in the Lord and we will do only His work. The work is not ours at all. This is not our house, therefore it is not our work. All work is Lord's work. I have heard from saints, he who cannot regard anything as his own, neither the

mind, nor the intellect, nor the body, nor the life breath, nor the senses, nor the house, nor the wealth. When all things belong to Thakurji (Lord), then wherever they live there is nothing but joy! Everything is given to the Lord. Therefore they remain ever blissful.

We have heard one thing about a Saint. Saints are very unique. When they go to the market and see the various different sweet dishes that are displayed, fruits that are kept and stores that are well decorated. Wherever they see some great things, there they stand-by and in their mind say, Lord (Thakurji), please partake in this offering. Please take these sweets as an offering. Simply standing they blissfully offer it to the Lord. Similarly, you too offering everything to Thakurji, please accept this offering, then it all becomes an offering. You tell me, what is the difficulty in doing this? Then you too do this. Who is preventing you from doing so? Wherever you see anything wonderful, offering it to the Lord (Thakurji).

Everything belongs to Thakurji. What should we do? We will simply rejoice. Now we have no work remaining. Now it is only Lord's work, Lord's Name, Lord's contemplation, listening to Lord's divine stories. What work is remaining for you to do? You are doing the Lord's work. Lord is the master of all the work in this universe. By offering everything that belongs to the master at his lotus feet, how much do you have to exert, tell me? You tell me that this is mine, but for how many days? How many years will you continue to say that it is mine? As such it will eventually remain the Lord's. Therefore while living, turn it over to Him from the heart, then it will be joyful! What an easy and what a deep well grounded point this is! Saints have said -

**“Ram naam ki sampada do anter tak dhoon |**

**Yaa to gupatee baat hai kaho bataave koon | |**

Who will tell such a great point? And how easy it is! What a high class point this is ! What a worriless, fearless, blissful point this is ! neither worry, nor fear, nor dejection, nor desire to live, nor desire to die. We have no desire whatsoever. May our desire be blended (one) with the Lord. Now however the Lord does, however he keeps us -

**“Jaahi vidhi raakhe Ram, taahi vidhi rahiye |SitaRaam, SitaRaam, SitaRaam  
kahiye | |**

We have no demand, nor any wish. By this our troubles will be wiped out, and God will become pleased with us. By considering it as ours, there will be worries. It is my room. Certain things are lying there. Clothes are drying there. Someone will take them, then there will be worries. Now when it is all offered (turned over) to God, then what ecstasy ! If it goes away it is the Lord's, if it remains it is the Lord's ! Narayana! Narayana! Narayana!

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*From book in Hindi "Jeevan Upyogi Pravachan" by Swami Ramsukhdasji*

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